

eBook

LABAIK UMRA



IHRAM

- Bathe before donning Ihram and apply perfume on the body. (MUSLIM)
- It is best to don the Ihram at the Miqāt. However, it is permissible to don it before the Miqāt also. (MUSLIM)
- The men should tie a white cloth on the lower body like a kilt and cover their upper bodies with a second sheet in such a way that both shoulders are covered. (Musnad Ahmad) Woman should make the intention in their normal dress.

INTENTION

- Before donning the Ihram, one should recite Labbaik 'Umrah. (MUSLIM)
After donning Ihram, One should recite the talbiyah thrice aloud.
(AHMED IBN HABBAN)



- Women should recite talbiya softly (MUSLIM)
- The masnun words of the talbiyah are as follows:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ
لَكَ وَالْمُلْكَ، لَا شَرِيكَ لَكَ (BUKHARI)

"I AM AT YOUR SERVICE, O ALLAH! YOU HAVE NO PARTNER, HERE I AM AT YOUR SERVICE O ALLAH! INDEED ALL THE PRAISE, THE GRACE BELONG TO YOU AND THE KINGDOM YOU HAVE NO PARTNER."

During the journey one should recite the talbiya as much as possible.

TAWAAF- CIRCUMAMBULATION AROUND KA'BAH

- A state of ablution is necessary for tawaaf (Bukhari)
- The men must begin tawaaf with his right shoulder uncovered.
This act (of covering the left shoulder and leaving the right shoulder bare) is called اضطباع (ABU DAWUD)



- Tawaaf begins with kissing the Black Stone or touching it with one's hand or some object and then kissing that object. (Tirmidhi)
- While kissing the Black Stone, in the beginning of tawaaf, read:- بِسْمِ اللَّهِ وَاللَّهُ أَكْبَرُ In the Name of Allah and Allah is the Greatest. (AHMAD)
- You can also read اللَّهُ أَكْبَرُ (BUKHARI)
- Kiss the Black Stone in every round of Tawaaf (BUKHARI)
- Men will perform رمل (briskwalking) in the first three rounds, and walk normally in the remaining rounds. (TIRMIDHI)
- Woman will not perform رمل, but walk normally. (SHAFI)
- Touch the Yemeni Corner, but do not kiss. If touching is not possible, then pass on without any signal. (IBN KHUZAIMA)



DUAS OF TAWAAF:

- Read the following Al-Baqarah: 201, between the Black Stone and the Yemeni Corner:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

*"O OUR LORD! GRANT US GOOD IN THE WORLD AND GOOD IN THE
HEREAFTER AND SAVE US FROM THE TORMENT OF THE FIRE."*

As for the rest of the tawaaf, one should recite as many Quranic & Masnoon duas as one knows.

- Perform the tawaaf from outside the Hateem. (IBN KHUZAIMA)



- Upon completion of the 7 rounds, a tawaaf is completed. The men will cover their right shoulders and end اضطباع.

TWO RAKAT SALAT:

- After Completing 7 rounds, advance towards Maqam Ibrahim while reading Al-Baqarah: 125

وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى

AND TAKE THE STANDING PLACE OF IBRAHIM AS A PLACE OF PRAYER.

Then offer 2 rakat "wajib-ut-Tawaaf." Read Surah Al-Kafirun in the first rakat and Surah al-Ikhlâs in the second rakat. (TIRMIDHI)



WATER OF ZAMZAM

- Before drinking the water of Zamzam duas are accepted. (IBN MAJAH)
Hence one should pray for the Hereafter and world.
- It is preferred to drink *Zamzam*, while standing (BUKHARI)
One should drink the water of *Zamzam* and sprinkle some of it on one's head. (AHMED)

SA'Ī

- Advance towards the hill of Safa from باب الصفا when you are near the hill read part of the following verse from Al-Baqarah:- 158

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ

"INDEED SAFA AND MARWA ARE AMONG THE SIGNS OF ALLAH"



Then ascend the hill to a point from where you can see the Ka'bah.
While facing the Qiblah, read:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ لَا إِلَهَ إِلَّا اللَّهُ
وَحْدَهُ لَا تَأْخُذُهُ أَوَاعِدُ الْعِبَادِ وَهُوَ مَزِيدٌ (MUSLIM)

"THERE IS NO GOD BUT ALLAH, HE ALONE, HE HAS NO PARTNER THE KINGDOM BELONGS TO HIM, FOR HIM IS ALL PRAISE AND HE HAS HOLD OVER EVERY THING THERE IS NO GOD BUT HE, HE HAS FULFILLED HIS PROMISE GIVEN VICTORY TO HIS SLAVE, AND HE ALONE DEFEATED THE CONFEDERATES."

- Then proceed towards the hill of Marwah. And repeat the actions performed on Safa. (MUSLIM)
- Men should walk fast between the green pillars, but women should walk normally. (SHAFI)



- While performing Sa'i, read as many Qur'anic and masnūn duas, glorify Allah and praise Him as much as possible. (IBN KHUZAIMA)
- Seven rounds between *Safa* and *Marwah* are necessary (one is the path between *Safa* and *Marwah*). Thus the rounds will begin from *Safa* and will end at *Marwah*. (IBN KHUZAIMA)

SHAVING ONE'S HEAD, OR CUTTING HAIR

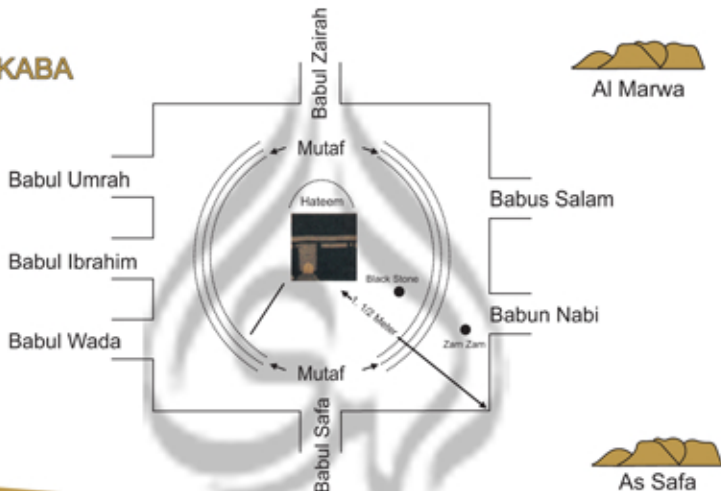
- After Sa'i, the men must either shave their head or get their hair cut. (MUSLIM)
- It is preferable for the men to shave their head (MUSLIM)
- Women only need to have hair cut (equivalent to the length of or 2 fingers) (ABU DAWOOD)

As soon as the hair is cut, the 'Umrah is complete.

The restrictions of Ihram are over. Now any dress can be worn.

May Allah accept it. آمين

MAP OF KABA



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